

## Hoist

( Duration : 45min

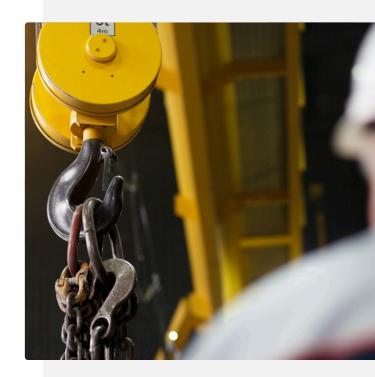
**FRENCH** 

**ENGLISH** 

**SPANISH** 

Workers are commonly called upon to perform material handling tasks during the various stages of manufacturing a product. Performing the same handling tasks, day after day, contributes to increasing the risks of accident because of a kind of habituation to risk.

It is with this in mind that this training will guide you towards the assimilation of all the basic rules that will allow you to work in a compliant and safe manner.



#### Target audience

She is intended for regular and causual workers who want to perform work with a hoist. If you work in the industrial, construction or other related fields and you have to lift and move loads, or if you are simply interested in acquiring new skills, this training is for you.

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The learning method for this online training is based on interactivity, dynamism and self-learning. The training will be done at the pace of the learner and according to his/her availability. Your understanding and skills will be evaluated at the end of each module.

You'll need to correctly answer all the questions in the current module, which will be presented in « true or false » or « multiple choice » questions to continue your progress. If you fail, you'll have to repeat the module.

#### Legal notice

To comply with RROHS article 254.1, all crane operators must receive practical training.

#### ∆ Intellectual integrity

Given the seriousness of the approach and the importance of the knowledge acquired through this training, the team of SSTenligne invites you to respect the integrity of the training and its questionnaires.

We suggests you answer to the best of your knowledge, that is, without help and without plagiarism.



# **Targeted learning**

### Hoist

Module 1	Introduction
Module 2	Risks of accident
Module 3	Hoist components
	<ul><li>Hoist components</li><li>Types of hoist</li></ul>
Module 4	Accessories
	<ul><li>Basic accessories</li><li>Hoisting cable</li><li>Pulley block</li><li>Hook</li></ul>
Module 5	Slinging the load
	<ul> <li>Follow the slinging procedure</li> </ul>
Module 6	Maintenance and inspection
	<ul><li>Before use</li><li>Hoisting cable</li><li>Hoisting chain</li></ul>
Module 7	Conclusion

